

Build a Kit. Build Hope, Together.

Building *hope* for survivors – one kit at a time.

Together, your team can make a lasting impact on survivors of domestic violence and sexual assault through the Houston Area Women's Center's kit-building program. Each kit provides essential items and support to survivors, children, and families on their journey toward safety and healing.

Kit-building is a great way to bring your team together while making a difference in the community. With a variety of kit options available, your team can help meet the needs of clients of all ages.

HOW IT WORKS



KIT OPTIONS

Mindfulness Kit - Journals & Pens - Coloring Supplies - Fidget Toys or Stress Balls - Gum - Aromatherapy Dough - Affirmation Cards or Notes of Empowerment (approx. value of \$20)	Snack Kit - Water or Juice - Salty & Sweet Snacks (Trail Mix, Crackers, Granola Bars, Apple Sauce, etc.) - Non-perishable Food Items (approx. value of \$10)	Toiletry Kit - Shampoo & Conditioner - Body Wash - Comb or Hairbrush - Toothbrush & Toothpaste - Deodorant & Body Wipes - Lotion <i>Ethnic haircare products are encouraged</i> (approx. value of \$20)	Hospital Accompaniment Kit *ALL SIZES NEEDED; S - XXL* Women: Sweatpants, T-Shirts, Undergarments, and Socks Men: Joggers, T-Shirts, Undergarments, and Socks Kids: PJs, Undergarments, and Socks (approx. value of \$30)	School Supplies Kit - Binders, Folders, Notebooks, and Dividers - Pens, Pencils, Crayons, and Markers - Wide-Ruled Paper - Glue Sticks - Reusable Water Bottle (approx. value of \$40)
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Ready to get started?

Email us at volunteer@hawc.org to schedule your kit-building experience.

Need to Schedule a Drop-Off?
Call 832-485-5000