

KITS FOR SURVIVORS

Help support survivors and their families during this critical time, from the comfort of your home or with a group of friends or coworkers. Make a difference in the lives of the women, children and families we serve by creating handy grab and go kits, to be distributed to clients as needed.

4 EASY STEPS

1. Email volunteermanagement@hawc.org

Introduce yourself and identify which kit(s) you and/or your group plan to create, and your goal date for completing the project.

2. Collect items

However you choose, collect the items necessary to completely fill each type of kit identically. You can hold a drive, ask friends/family to participate, or get your coworkers involved.

3. Assemble

Assemble the kits into convenient size packs as described below.

4. Drop off

Drop the kits at our 1010 Waugh dr. location Monday-Friday 9am-4pm. Be sure to take your picture in front of our sign with your donations and tag us on social media so we can share our appreciation!

 : @hawctalk

 : @hawctalk

 : @HoustonAreaWomensCenter

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NOTE: PLEASE CREATE A MINIMUM OF 15 IDENTICAL KITS. MORE ARE ENCOURAGED FOR CONSISTENCY IN AVAILABILITY, BUT WE APPRECIATE ALL DONATIONS. ALL ITEMS MUST BE NEW, FRESHLY DATED AND IN GOOD CONDITION. ANY ADDITIONAL QUESTIONS CAN BE DIRECTED TO VOLUNTEERMANAGEMENT@HAWC.ORG. THANK YOU SO MUCH FOR YOUR SUPPORT!



LUNCH KITS FOR ADULTS

These kits nourish clients staying at our Shelter and Safe Harbor Hotel programs. These are especially useful for the women and children staying at hotels, since we cannot offer a 24/7 kitchen there.

- 1-individual sized microwaveable snack meal (pasta, rice, chili, etc) or tuna package
- 1-bottled water
- 1-bag of individual sized chips (example: SunChips, baked chips, regular chips, popcorn, etc)
- Optional:*
- 1-small pkg of gum (the 5 stick pkg) or peppermints
- 1-individually wrapped cookie or pack of cookies (like from a vending machine)
- 1-plastic fork/spoon (whichever is most appropriate for meal)

*fit each kit into a gallon size Ziploc type bag or brown lunch bag



LUNCH KITS FOR KIDS

These lunch kits nourish the children in our Shelter and Safe Harbor programs. Did you know that 40 percent of all clients who seek emergency shelter with us are children?

- 1-individual size microwaveable snack meal (Chef- Boyardee type pasta, rice, mac and cheese)
- 1-small juice box or Capri Sun (100-percent juice please)
- 1-small bag of chips or crackers
- 1-fruit roll up or similar style fruit snack OR small bag or pkg of cookies
- 1-plastic fork/spoon (whichever most appropriate for meal)

*fit each kit into a gallon size Ziploc type bag or brown lunch bag



TOILETRY KITS

Survivors who seek safe refuge with us or enter our housing program often have or bring little to few belongings. Only full-sized toiletries accepted, as the average stay at our hotel is up to a month or more.

- 1-full-sized shower gel
- 1-full-sized small shampoo
- 1-full-sized conditioner
- 1-toothbrush
- 1-full-sized travel size toothpaste
- 1-wash cloth

*fit each kit into a gallon size Ziploc or brown lunch bag



EMERGENCY SHELTER PPE KITS

Women and children seek safety on demand at our Residential Campus. Providing safety includes having the proper Personal Protection Equipment (PPE) to help prevent the spread of COVID-19.

- 1-face mask (adults or children's sizes)
- 1-hand sanitizer
- 1-pair disposable gloves
- 1-face shield (optional)

*quart sized sandwich bags may work best for this kit

CHILDREN AND ADULT COURT KITS

Children and adults who have endured or witnessed abuse and appear in court often endure long waits. The following kits help clients take notes, cope with the day and enjoy a small snack.

Children kits:

- 1-kid's face mask
- 1-sample-sized hand sanitizer
- 1-bag of chips or snack
- 1-small bottle water
- 1-stress ball or fidget toy

Adult kits:

- 1-small notebook
- 1-pen
- 1-stress ball or fidget toy
- 1-bag of chips or a snack
- 1-small bottle water

*fit each kit into a Ziploc type bag



HOSPITAL KITS

Survivors who seek medical attention often leave their clothing as evidence/ These kits provide survivors with an outfit to leave the hospital in so they do not have to leave wearing scrubs.

- 1-sports bra
- 1-pair of leggings
- 1-pair of socks
- 1-bikini style underwear
- 1-t-shirt

*fit each kit into a gallon size Ziploc and only one size per bag



HOUSING KITS

Survivors who are housed outside of our facilities often times need help starting completely over.

- 1-broom
- 1-mop
- Cleaning supply products
- Dish towels
- Paper towels
- Bucket and/or trash can
- Soap, etc.

*Items in this kit do not have to be exactly identical. We ask that you provide a minimum of 5 items per kit and the bucket may be used as a container for the other items.



EMERGENCY TRUNK KITS

These kits are distributed to our clients, especially as our Hurricane season begins.

- 2-bottles of water
- 1-flashlight and batteries (include enough batteries for the flashlight but do not put the batteries inside the flashlight)
- 1-glow stick
- 2-hand warmers
- 2-granola or protein bars
- Moist towelettes
- Band-aids
- 2-face masks

*can be packaged into gallon size Ziploc type bags, small fanny packs, shoe boxes size boxes or backpacks

